

LEADING IN UNCERTAIN TIMES - ESSENTIALS COURSE

point academy

CHECK OUT THIS COURSE SYLLABUS



**Lead with clarity, confidence
and calm under pressure.**

COURSE OVERVIEW

Leading in uncertain times

A practical, half-day workshop built to help you lead with clarity, confidence and calm under pressure. Each session combines expert input with discussion, reflection and structured exercises.

By the end of the afternoon, you'll leave with a repeatable system for decision-making, communication and team alignment.

TEAM DISCOUNT →

WHAT YOU WILL LEARN →

LEARNING OUTCOMES →

FORMAT: Half-day, Live in London

LANGUAGE: English

START DATES:

- Nov cohort: Nov 11 & Nov 24
- Dec cohort: Dec 5 & Dec 12

PRICE: £379

For the most up-to-date pricing and discount information, please visit our website.

[REGISTER NOW](#)

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COURSE**

GET A TEAM DISCOUNT

We offer special group prices for companies.

Book a call with one of our course specialists and
discover if you qualify for a group price.

[BOOK A DISCOVERY CALL](#)



WHAT YOUR DAY WILL LOOK LIKE

A practical, half-day workshop built to help you lead with clarity, confidence and calm under pressure.

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13:00 - WELCOME AND INTRODUCTION

Overview:

We begin by setting principles for calm leadership. You'll explore how to stay centred when pressure is high and ambiguity is unavoidable. We'll use the Cynefin framework to diagnose the type of situation you're facing — simple, complicated, complex or chaotic, and match your leadership stance accordingly.

Reflection:

Where in your work are you over-controlling when you could be sensing and adapting instead?

LEARNING OUTCOMES

By the time you complete this workshop, you will have gained practical, immediately applicable tools to lead effectively in fast-moving and uncertain situations. Each outcome focuses on clarity, composure and confident communication, with skills that translate across all levels of leadership.

- **Making Confident Decisions**

- Learn to make faster, better-informed decisions using the OODA and Cynefin frameworks, balancing intuition and structure even when information is incomplete.

- **Communicating with Calm Clarity**

- Discover how to brief teams under pressure, de-escalate conflict and deliver updates that reduce confusion instead of adding noise.

- **Supporting Teams Through Change**

- Learn to maintain motivation and trust during uncertainty by combining empathy with accountability.

- **Balancing Pace and Safety**

- Understand when to experiment and when to pause, keeping momentum without risking burnout.

- **Building Lasting Alignment**

- Use simple routines and feedback loops to keep everyone informed, engaged and focused on shared goals.

YOUR COURSE LEADER

Sebastian Engstrom

Sebastian has over 15 years of experience leading complex, cross-functional teams and organisations under pressure. His background spans digital transformation, regulated industries and businesses navigating uncertainty, change and operational challenges.

He is certified in Transformational Leadership, developed by the Swedish Armed Forces, a leadership model grounded in self-awareness, trust and ethical decision-making.

Sebastian specialises in helping leaders bring clarity, stability and confidence to demanding situations. Drawing on real leadership experience, his sessions combine practical frameworks with reflective discussion to strengthen decision-making, communication and resilience under pressure.

His approach is grounded, human and direct. Participants leave with renewed confidence, practical tools and a clear structure for leading their teams through challenging times.

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Short, effective *training.*

At Point Academy, we believe the time you invest in training should deliver the greatest possible impact for every day you spend with us. We know that most participants have demanding roles that don't pause just because they are in a classroom.

That's why our courses are designed to be rich, focused and straight to the point - typically running for just 1–3 days. You'll leave energised, with both knowledge and inspiration, without having to step away from your everyday work for long.

BOOK THIS COURSE

